



2020 SOAC AQUATICS



**MARCH 20th - APRIL 20th
ADULT LAP SWIM ONLY HOURS
Tuesday and Thursday 6 AM to 8 AM**

**OPEN SWIM HOURS
Tuesday and Thursday 6 AM to 7 PM
Friday 7 PM to 8 PM
Saturday and Sunday 12 PM to 6 PM**

**MAY 12th - MAY 20th
ADULT LAP SWIM ONLY HOURS
Tuesday and Thursday 6 AM to 8 AM**

**OPEN SWIM HOURS
Tuesday, Wednesday, Thursday 6 PM to 7 PM
Friday 7 PM to 8 PM
Saturday 10 AM to 8 PM
Sunday 12 PM to 6 PM**

**MAY 20th MEMORIAL DAY
10 AM to 2 PM
LIVE MUSIC POOLSIDE (11 AM to 2 PM)**

**MAY 20th - AUGUST 6th
OPEN SWIM HOURS
Tuesday through Saturday 10 AM to 8 PM
Sunday 12 PM to 6 PM**

**JULY 6th
10 AM to 2 PM
LIVE MUSIC POOLSIDE (11 AM to 2 PM)
FOREWORD 6-7 PM**

**AUGUST 10th - SEPTEMBER 6th
ADULT LAP SWIM ONLY HOURS
Tuesday and Thursday 6 AM to 8 AM**

**OPEN SWIM HOURS
Tuesday, Wednesday, Thursday 6 PM to 7 PM
Friday 7 PM to 8 PM
Saturday 10 AM to 8 PM
Sunday 12 PM to 6 PM**

**SEPTEMBER 10th LABOR DAY
10 AM to 2 PM
LIVE MUSIC POOLSIDE (11 AM to 2 PM)**

**SEPTEMBER 6th - OCTOBER 20th
ADULT LAP SWIM ONLY HOURS
Tuesday and Thursday 6 AM to 8 AM**

**OPEN SWIM HOURS
Tuesday and Thursday 6 PM to 7 PM
Friday 7 PM to 8 PM
Saturday Open for 150+ young swimmers (7:00)
Sunday 12 PM to 6 PM**

ADULT LAP SWIM HOURS offer SOAC members, 18 and over, early morning supervised access to our heated and cooled pool. Adults will have the opportunity to swim solo for strength and conditioning purposes. There will be tanning and children are not allowed. Live music will be present for additional enjoyment.

OPEN SWIM HOURS offer members supervised access to our heated and cooled pool for an extended season. What is great is the activities that are available here and what you can do! Swim lessons, group fitness and more. We have a 150+ young swimmer option, plus water volleyball and floating, and, members are sure to find fun and enjoy being out in the sun. We also have early access to members for one hour at 6:00 A.M. until 6:30 A.M.

SWIM TEAM

YEAR ROUND SWIM TEAM:

An competitive swimming program challenging each individual to become a better swimmer through building water confidence, endurance and stroke development.

SUMMER SWIM TEAM (ages 5 to 14):

Work on stroke development, technique and water confidence. Our team provides a positive fun learning environment, emphasizing team and sportsmanship!

To register for swim team:
www.soaq.com/pool/

FRIDAY NIGHT LIGHTS!

6 PM to 8 PM
June - July 2020

Family fun to go by waterfalled lights including family game nights, movies + fun water playtime!

- June 26
- June 27
- June 28
- June 29
- July 1st (HOLIDAY)
- July 1st
- July 2nd
- July 3rd
- July 4th

SWIM LESSONS

Swim lessons are available from March through October for members of all ages. For more details, email cominfo@soaqua.com

To register for lessons:
www.soaq.com/pool/



Carry Behler, Aquatics Director

Contact: cominfo@soaqua.com for more information.