



2020 SOAC AQUATICS



MARCH 3RD - APRIL 30TH
ADULT LAP SWIM ONLY HOURS
Tuesday and Thursday 6 AM to 8 AM

OPEN SWIM HOURS
Tuesday and Thursday 4 PM to 7 PM
Friday 4 PM to 8 PM
Saturday and Sunday 12 PM to 6 PM

MAY 1ST - MAY 24TH
ADULT LAP SWIM ONLY HOURS
Tuesday and Thursday 6 AM to 8 AM

OPEN SWIM HOURS
Tuesday, Wednesday, Thursday 4 PM to 7 PM
Friday 4 PM to 8 PM
Saturday 10 AM to 8 PM
Sunday 12 PM to 6 PM

MAY 25TH MEMORIAL DAY
10 AM to 6 PM
LIVE MUSIC POOLSIDE (11 AM to 3 PM)

MAY 26TH - AUGUST 9TH
OPEN SWIM HOURS
Tuesday through Saturday 10 AM to 8 PM
Sunday 12 PM to 6 PM

JULY 4TH
10 AM to 9 PM
LIVE MUSIC POOLSIDE (5 PM to 9 PM)
FIREWORKS @ 9 PM

AUGUST 10TH - SEPTEMBER 6TH
ADULT LAP SWIM ONLY HOURS
Tuesday and Thursday 6 AM to 8 AM

OPEN SWIM HOURS
Tuesday, Wednesday, Thursday 4 PM to 7 PM
Friday 4 PM to 8 PM
Saturday 10 AM to 8 PM
Sunday 12 PM to 6 PM

SEPTEMBER 7TH LABOR DAY
10 AM to 6 PM
LIVE MUSIC POOLSIDE (11 AM to 3 PM)

SEPTEMBER 8TH - OCTOBER 30TH
ADULT LAP SWIM ONLY HOURS
Tuesday and Thursday 6 AM to 8 AM

OPEN SWIM HOURS
Tuesday and Thursday 4 PM to 7 PM
Friday 4 PM to 8 PM
Saturday Open for LSU away games (TBD)
Sunday 12 PM to 6 PM

ADULT LAP SWIM HOURS offer SOAC members, 18 and over, early morning supervised access to our heated and cooled pool. Adults will have the opportunity to swim laps for strength and conditioning purposes. Open swim, lounging and children are not allowed. Lane ropes will be present for swimmers' enjoyment.

OPEN SWIM HOURS offer members lifeguarded access to our heated and cooled pool for an extended season. SOAC is proud to offer amenities such as a separate baby pool, splash pad, A/C locker rooms, diving board and slide. With our Food + Beverage menu options plus cabana waitstaff and lounging areas, members are sure to relax, play and enjoy family fun in the sun! We will make every attempt to maintain one lap lane during all OPEN SWIM HOURS that are listed above.

SWIM TEAM

YEAR ROUND SWIM TEAM:
A Competitive Swimming Program challenging each individual to become better swimmers through building overall confidence, endurance and stroke development.

SUMMER SWIM TEAM (ages 5 to 18):
Work on stroke development, stamina, and overall swim abilities. Coaches promote a positive, fun learning environment, emphasizing team and sportsmanship!

To register for swim team:
soacitup.com/pool/

FRIDAY NIGHT LIGHTS!

6 PM to 9 PM
June + July 2020

Family fun lit up by colorful LED lights including bands, game nights, movies + karaoke.
(Weather permitting.)

June 5th
June 12th
June 19th
June 26th
July 3rd (No FNL)
July 10th
July 17th
July 24th
July 31st

SWIM LESSONS

Swim lessons are available from March through October for members of all ages. For more details, email corey@southernoaksbr.com.

To register for lessons:
soacitup.com/pool/



Corey Belcher, Aquatics Director
Contact corey@southernoaksbr.com for more information.