

2021 SOAC AQUATICS



MARCH 2ND - APRIL 30TH ADULT LAP SWIM ONLY HOURS Tuesday and Thursday 6 AM to 8 AM Tuesday and Thursday 1 PM to 4 PM

OPEN SWIM HOURS Tuesday and Thursday 4 PM to 7 PM Friday 4 PM to 8 PM Saturday and Sunday 12 PM to 5 PM

> APRIL 2ND (GOOD FRIDAY) 12 PM to 5 PM

APRIL 4TH (EASTER SUNDAY) CLOSED

MAY 1ST - MAY 30TH ADULT LAP SWIM ONLY HOURS Tuesday and Thursday 6 AM to 8 AM Tuesday and Thursday 1 PM to 4 PM

OPEN SWIM HOURS Tuesday and Thursday 4 PM to 7 PM Friday 4 PM to 8 PM Saturday 10 AM to 8 PM Sunday 12 PM to 6 PM

> MAY 31ST (MEMORIAL DAY) 10 AM to 6 PM

JUNE 1ST - AUGUST 8TH OPEN SWIM HOURS Tuesday through Saturday 10 AM to 8 PM Sunday 12 PM to 6 PM

> JULY 4TH 12 PM to Sundown

AUGUST 9TH - SEPTEMBER 5TH ADULT LAP SWIM ONLY HOURS Tuesday and Thursday 6 AM to 8 AM Tuesday and Thursday 1 PM to 4 PM

OPEN SWIM HOURS Tuesday, Wednesday, Thursday 4 PM to 7 PM Friday 4 PM to 8 PM Saturday, Sunday 12 PM to 6 PM

> SEPTEMBER 6TH LABOR DAY 10 AM to 6 PM

SEPTEMBER 6TH - OCTOBER 29TH ADULT LAP SWIM ONLY HOURS Tuesday and Thursday 6 AM to 8 AM Tuesday and Thursday 1 PM to 4 PM

OPEN SWIM HOURS Tuesday and Thursday 4 PM to 7 PM Friday 4 PM to 8 PM Saturday (TBD) Sunday 12 PM to 6 PM

ADULT LAP SWIM HOURS offer SOAC members, 18 and over, early morning supervised access to our heated and cooled pool. Adults will have the opportunity to swim laps for strength and conditioning purposes. Open swim, lounging and children are not allowed. Lane ropes will be present for swimmers' enjoyment.

OPEN SWIM HOURS offer members lifeguarded access to our heated and cooled pool for an extended season. SOAC is proud to offer amenities such as a separate baby pool, splash pad, A/C locker rooms, diving board and slide. With our Food + Beverage menu options plus cabana waitstaff and lounging areas, members are sure to relax, play and enjoy family fun in the sun! We will make every attempt to maintain one lap lane during all OPEN SWIM HOURS that are listed above.

FRIDAY NIGHT LIGHTS! 6 PM to 9 PM June + July 2021 Schedule TBD

Family fun lit up by colorful LED lights including bands, game nights, movies + karaoke. (Weather permitting.)



SWIM TEAM

YEAR ROUND SWIM TEAM (TBD) A Competitive Swimming Program challenging each individual to become better swimmers through building overall confidence, endurance and stroke development.

SUMMER SWIM TEAM (ages 5 to 18) (TBD)

Work on stroke development, stamina, and overall swim abilities. Coaches promote a positive, fun learning environment, emphasizing team and sportsmanship!

> To register for swim team: soacitup.com/pool/

SWIM LESSONS

Swim lessons are available from March through October for members of all ages. For more details, email corey@southernoaksbr.com. **To register for lessons:** soacitup.com/pool/





Corey Belcher, Aquatics Director Contact corey@southernoaksbr.com for more information.