

# SOAC ADULT MASTER SWIM PROGRAM

MASTER SWIM  
PROGRAM LED BY  
SOAC AQUATICS  
DIRECTOR,  
**COREY BELCHER**

**REGISTER  
NOW!**

**SOAC MASTER SWIM PROGRAM** MEETS THE NEEDS OF THE **COMPETITIVE TRIATHLETE** TO THE **NOVICE SWIMMER** SEEKING TO **IMPROVE THEIR TECHNIQUE** AND **OVERALL STROKE DEVELOPMENT!** THERE ARE A VARIETY OF WORKOUTS OFFERED THAT WILL CHALLENGE YOU AND ULTIMATELY, MAKE YOU A BETTER SWIMMER.

**September 19th through October 10th**

**MONDAYS 6:30 PM to 7:30 PM**

**\$60/SOAC MEMBER • \$100/NON-MEMBER**

**To register: [soacitup.com/soac-adult-aquatics-programming/](http://soacitup.com/soac-adult-aquatics-programming/)**